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# Ready Made Resources

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## Tangible items to have on hand

- Small magnifying glasses
- Sidewalk chalk
- Animal track stampers & ink pads or Play Doh to stamp with
- Hot cocoa OR popsicles!
- Rocks & Duct Tape to hold items down on windy days
- Laminated information & plastic frames for flyers

## To Go Kit ideas

- Tissue-paper or Tin can Lanterns
- Origami Wolves
- Make a Birdfeeder
- Recycled Paper Kites
- Seed Growing Kit
- Nature Basket
- Butterfly Glider
- Web Weaving
- Ice Lanterns

## Websites & Apps to Know

- 1000 Hours Outside,
- Great Backyard Birdcount,
- Citizen Science,
- Tinkergarten (for outdoor play ideas),
- Native Land Digital,
- Pollinator.org (celebrate pollinator week),
- Children and Nature Network,
- Wish Trees,
- Backwoods Mama,
- Miles for Monarchs,
- Symbolic Monarch Migration Project,
- Rochester Pollinators,
- USA National Phenology Network
- Merlin Bird ID (App)
- eBird (App)
- iNaturalist/SEEK (App)

## From the 1000 Hours Website

- Tracker sheets
- Kick Off Pack
- Outdoor Advent Calendar
- Podcast & Book Club
- Book suggestions
- Fun Gear & t-shirts

## Book List

2023 1000 Hours Outside Book Club list (on their website)

*Adventuring Together* by Greta Eskridge

*The Open Air Life* by Linda Akeson McGurk

*No Such Thing as Bad Weather* by Linda Akeson McGurk

*The Law's Guide to Nature Drawing and Journaling* by John Muir Laws

*How to Raise a Wild Child: The Art and Science of Falling in Love with Nature* by Scott D. Sampson

*The Nature Fix* by Florence Williams

*1000 Hours Outside: Activities to Match Screen Time with Green Time* by Ginny Yurich

*1000 Hours Outside; Prioritize Nature, Reclaim Childhood and Experience a Fuller Life* by Ginny Yurich

*The Nature of Nature: Why We Need the Wild* by Enric Sala

*The Hidden Life of Trees* by Peter Wohlleben

*Slow Birding: the Art and Science of Enjoying the Birds in Your Own Backyard* by Joan E. Strassmann

## Stuff that you are already doing, just do it outside!

Story times

Yoga

Walking Book Club

Rock painting

Crafts

Games

Bubbles

Book Display

Scavenger Hunts

STEM activities

StoryWalks