

2023 WVLS Youth Services Workshop NOTES

Thursday, Nov. 30, 2023

9:00 AM – 3:00 PM

TB Scott Free Library in Merrill, 106 W 1st Street

Continuing education contact hours: 4.5

[Register](#) by November 16, 2023



Summer Reading

Share a highlight from 2023:

- Offered several scavenger hunts throughout the summer that were popular. The hunts began on Monday and were available throughout that week, whenever patrons wanted to complete them. Children received a small prize for completing a scavenger hunt. (Merrill)
- A booklet was offered to children that had a variety of activities for them to complete, such as scavenger hunts or mapquests. BINGO cards were available during the summer and children could earn books by completing BINGOs. (MCPL)

Let's Talk CSLP:

- Several libraries expressed they use the CSLP theme if it makes sense to them and they are excited by it, but are also open to creating their own theme.
- Many libraries browse the CSLP manual for program ideas to use during summer or at other times of the year.
- One library doesn't tend to use the manual at all.
- General consensus is that teen graphics are generally poor and few libraries use them.
- Merrill tends to purchase the sticker sheet logs from CSLP.

Let's Talk Performer Grant:

- Libraries love this grant and find it helpful for their summer program plans.
- Reminder of the upcoming YSS Performers Showcase on December 8, 2023.
- Great reviews for [Snake Discovery](#) and [Strutz Entertainment](#)
- Reminder of the [WVLS Youth Services Performer Booking Spreadsheet](#)

Next Summer:

- Three Lakes is looking into a series of “immersion excursions” around their town next summer.
- Rhinelander is looking into a ghost hunt for teens.
- Minocqua is brainstorming ideas of how to incorporate a nearby walking trail with a library program, perhaps a choose-your-own-adventure type program.
- Shawano will continue teen hybrid programming where there is a scheduled program that teens can attend or they can stop at the library to pickup a kit of the program to take home and complete on their own time.
- Merrill is considering an augmented reality program using ipads.
- For libraries that use reading/activity logs, hardcopy tends to work best for children, rather than Beanstack.

Let's Talk Summer Math Program:

- Seems simple and straightforward program (Merrill)
- Could be an alternative for those that aren't readers (Shawano)
- Thinks it could potentially work. They don't currently offer any type of log in the summer but instead promote attendance at their programs and activities (Rhinelander)
- How WVLS could support member libraries
 - Prizes
 - Hardcopies of the booklets
 - Re-design booklet to eliminate printing issues

Dynamite Dozen:

- This presentation assumed that libraries have these supplies on-hand: scissors, markers, stapler, cardboard, tape, paper, paper clips, rubberbands, paint (any type), needle & thread, glue (a variety “glue arsenal” is nice to have on hand)
- The Dynamite Dozen: glass gems, balloons, straws, socks, ping pong balls, craft sticks (prefer the tongue depressor ones), round magnets, googly eyes, used books, battery-operated tea lights, plastic cups, yarn
- Cathy's philosophy for programming for teens: open-ended, self-directed, allow to decompress.
- [Cathy's Teen Library Program Ideas Pinterest board](#)
- [Video of Presentation](#) (recorded March 8, 2023 for State Library of Iowa)

- Gave background on Shawano County, the service area and patron trends
- Many of these are also STEAM programs
- Programs:
 - emoji magnets (quick dry glue works best)
 - emoji magnet tick tack toe
 - ladybug magnets
 - word magnets
 - painted magnets (emojis)
 - put paperclip and paint on plate- draw the paperclip around with a magnet from underneath
 - straw bag clip (fatter straws work best)
 - straw flute music craft
 - straw caterpillar
 - straw rockets (2 versions)
 - straw-flinging device
 - straw propeller flyer
 - blow-paint projects
 - blow-paint projects with google eyes
 - football straw-goal post with paper football
 - articulated fingers
 - straw maze on cardboard or plate
 - straw roller coaster
 - straw rafts
 - un-stackem! (not called “Yank Me”). Minute 2 Win It games work well!
 - Stacking cups
 - Unstacking cups
 - Speed stacking cups
 - Hover ball
 - Full of hot air
 - Use balloons (or straws) to blow cups or ping pong balls off the table
 - Bounce all into cup
 - Roll ping pong balls into cups
 - “beer” pong type game
 - Stuck in the middle
 - Ping pong ball shooter (use pom poms, ping pongs, etc)
 - Cup weaving craft
 - Cup lights

- Ping pong ball with tea lights to light them up (Seasonal, holidays, etc)
- Ping pong snowpeople on tea lights
- Snowman face tea light
- Cake tea light
- Catapult- for football games; punkin chunckin
- Bookmark craft sticks
- Tongue depressor hockey sticks
- Harmonicas
- Courage in a jar/cup
- Book binding with popsicle sticks
- Weaving with popsicle sticks
- Finger knit snake
- Paperclip bookmarks
- Pull string art (you can also use bead chains)
- Fuzzy animals with yarn
- Friendship bracelets
- Angry birds with cups and pompoms
- Yarn Spinner
- Chicken in a cup noise maker
- Yarn and glue cups, baskets, votives
- Google-eye bombing
- Worry pets
- Snack sock stuffie
- Hacky sack
- Coffee cup koozie
- Black-out poetry (several different versions)
- How to package the programs
 - Plastic shoeboxes
 - Recycle coffee containers
 - Plastic scrapbook containers
 - Pencil boxes
 - Food storage containers
 - Condiment containers
 - Write list of instructions for activity on the outside of bin
- Final thoughts- don't fuss on the details-the projects will come out differently frequently; focus on the big picture; be creative with substitutions

- Caution- your program may fail at some point- it happens to all of us; you will have many more successes than failures
- Offers hybrid programs- offer the program at a scheduled place and time AND as a take-n-make kit

ACEs Training:

- [PACES connection](#) (positive and adverse childhood experiences)
- ACEs = adverse childhood experiences
- The science behind this topic is ever-changing and not static
- Handout- quote by Bruce Perry
 - Work to support people and their previous experiences but not judge
 - People can grow from/through trauma
- ACEs have affected over 60% of the population (data is collected on-going)- we've likely interacted with someone that had ACEs
- Dr Gabor Mate (trauma expert): [video](#) about authenticity vs attachment- human attachment needs are enormous in order to survive (connect, belong, love others, be loved); authenticity is also a survival need; when authenticity and attachment conflict, then trauma exists (what happens if I can't act authentically in front of my parents?); suppressing feelings leads to addiction, bad habits, etc
- Harvard Center for the Developing Child (videos):
 - [Experiences build brain architecture](#)
 - [Serve and return interaction shapes brain circuitry](#)
 - [Toxic stress derails healthy development](#)
- Categories of ACEs- abuse, neglect, household dysfunction
- ACEs can lead to a higher risk of negative impacts in adult health
- The higher the ACE score, the higher the outcome of negative consequences
- ACEs tend to be intergenerational (occur in subsequent generations)
- Kaiser Permanente survey in the 1990s did a major research project on childhood trauma; this data assessed what ACEs people experienced and their frequency and then the study followed the participants through life to collect info on their health and reasons for death
- Nadine Burke Harris (TedMed talk): [How childhood trauma affects health across a lifetime](#)
- How have our librarians tried to make a safe space in the library? After school snacks, try to engage with youth and involve them in library activities; provide positive interactions wherever and whenever you can

- Instead of asking “What is wrong with the child?” ask yourself “What happened to this child?”
- Positive people/experiences can help to counteract the adverse experiences
- ACEs study- ACE score of 4 or more shows a higher risk factor for those individuals; it doesn’t mean you end up with every health issue or that you’re guaranteed to have health issues/shorter life, but it indicates that your risk is higher
- Time horizon = the ability to think about and plan forward; those affected by ACEs and are in survival mode and have a VERY short time horizon (the horizon is generally only today); those without ACEs or with fewer ACEs have a longer time horizon
- Bruce Perry’s State Dependent Functioning pyramid
- Bruce Perry’s Arousal Continuum for children
- Trauma-informed support for children- create safety (like a quiet spot); regulate the nervous system (use simple words/commands, be soft-spoken); build a connected relationship (help the child to determine what would help them right now; offer acceptable alternatives; don’t let your stress heighten the stress of the child); support development of coherent narrative (create predictability with rules/processes; work to reduce unpredictable elements); practice “power-with” strategies; build social emotional and resiliency skills (model things that may not be modeled to them in other areas of their life); foster post-traumatic growth
- Positive universal regard
- Post-traumatic growth- do what you can to “enlarge” the child’s world (help them, take an interest in them, make a positive observation to them, appreciate them).