

MARATHON COUNTY PUBLIC LIBRARY

Staff In-Service

Friday, September 29, 2017

AGENDA

8:00 Coffee and Tea

8:15 Introduction/Leah Giordano

8:20 Introduction/Matt Derpinghaus

8:25 "State of the Library" Address/Director

8:50 Open for WVLS membership to join the session

9:00 "Working with Mental Illness" speaker Robert Willcox (NCHL)

A true professional with plenty of experience, Robert will be presenting on safety and de-escalation with an emphasis on mental health. This training should be helpful when dealing with persons who appear to be in crisis. Robert Wilcox has worked for 3 years as a CNA on the behavior modification unit at Northcentral Health Care Facility and 2 years as a corrections officer at the Marathon County Jail. After this he spent 26 years working for the Wausau Police Department in a wide variety of positions. In 2011, he was trained as a CIT (Crisis Intervention Team) officer. Although he retired in August of 2016 from the police department, in October of 2016 he began part-time as a law enforcement liaison at Northcentral Health Care Facility. He does training with many different groups in this position such as, law enforcement, health care center staff, and community groups. He is currently a co-coordinator for the CIT training that is offered in Wausau twice a year at NTC.

10:45 Break

11:00 "Stress Management" speaker Samantha Mallo (Aspirus)

Stress can be greatly reduced by both physical activity and shifting your mindset to think more positively. Sam will help you identify your triggers to stress, coping techniques for stress, as well as tackling the basic science behind stress' effects on our bodies and work performance. Samantha Mallo has been working in the Health and Wellness field for over 10 years. She is a certified health and wellness coach currently working for Aspirus Business Health-Wellness. Her master's degree is in clinical exercise physiology and she is most passionate about physical activity and positive thinking.

12:00 Lunch

8/30/17

CALLING ALL Northern Area LIBRARY Personnel

From: Rhinelander District Library

**Rhinelander District Library Invites YOU!
To RDLs
Inservice Workshops**

Join staff at the Rhinelander District Library(RDL) on **Friday, September 29** for the morning portion of an all-day in-service featuring Kara Ripley of BadgerLink and Inese Christman of WVLS to discuss topics of interest: BadgerLink researching, Sierra, and Create List. Descriptions of topics and times below:

8:45-9:00 Refreshments

9:00-10:30 am: BadgerLink Refresher

Familiar with BadgerLink but need a refresher? Or new to the field and want to learn more? In this presentation we'll cover the BadgerLink basics and also learn about the popular resources that help you suggest fiction books, search for newspaper articles, and find medical information. Walk away with the knowledge you need!



10:45-12:30 pm Does Sierra Create Lists intimidate you? Have no fear! Inese Christman of the Wisconsin Valley Library Service will guide attendees to Sierra training resources (video and written materials) and guide you through the basics of Sierra Create Lists. Anxious to get started? View Sierra Create Lists materials on the WVLS website under V-Cat Resources - Training and Guidelines.



12:30-1:45 Lunch and Mission Statement Visioning for RDL, RDL BOT, and guests.

Please RSVP to:

Virginia Roberts – Library Director
715-365-1082

Rhinelander District Library

106 North Stevens Street

<https://goo.gl/maps/5tKaLcmY5e92>

